

**CHAPEL HAVEN SCHLEIFER CENTER**

**REACH IN-PERSON REC CALENDAR**

**FOR THE MONTH OF: OCTOBER 2020**

<u>Activity #</u>	<u>Date</u>	<u>Activity</u>	<u>From</u>	<u>To</u>	<u>Ticket Fee</u>	<u>Notes</u>
R#1	Thursday 10/01	<b>Arts &amp; Crafts</b> Decorate a beautiful water lantern to be released in the Water Lantern Celebration. "Lighting the way for people of all abilities."	7PM	8PM	\$15	
RS#2	Friday 10/02	<b>Open Mic Night</b> Join your REACH + SAIL friends for a fun Open Mic Night. Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#3	Saturday 10/03	<b>Walk Westville</b> Go for a morning walk around Westville with your friends. Bring your own water bottle, snack provided	10AM	12PM		
RS#4	Saturday 10/03	<b>Water Lantern Celebration LIVE stream</b> Join your friends to watch the water lantern celebration. "Lighting the way for people of all abilities"	6:15PM	8:15PM		Activity in Outreach, all clients MUST wear a mask
R#5	Sunday 10/04	<b>Rise &amp; Shine Yoga</b> Start your day off in a zen way with some yoga & a fresh fruit snack.	10AM	11AM		Please bring your own mat if you have one
R#6	Sunday 10/04	<b>MEW Haven Cat Café</b> Spend the afternoon with some felines & your friends. Snack provided	1:45PM	3PM	\$20	This is an off campus activity, everyone MUST wear a mask
R#7	Monday 10/05	<b>Be MINDFUL about Kindness</b> Meditate & talk about the importance of Kindness. Snack provided	7PM	8PM		

RS#8	Tuesday 10/06	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#9	Wednesday 10/07	<b>Wise Wednesday</b> Learn everything about manners. Snack provided	7PM	8PM		
R#10	Thursday 10/08	<b>Hangman</b> Join your friends for a fun game of hangman. Snack provided	7PM	8PM		
RS#11	Friday 10/09	<b>Movie + Take Out Night</b> Join your REACH + SAIL friends for a movie & take out from a local spot	6PM	9PM	\$15	Activity in Outreach, all clients MUST wear a mask
R#12	Saturday 10/10	<b>Morning stroll &amp; brunch to go</b> Join your friends for a morning walk around Westville & then get brunch to go from Lena's	10AM	12PM	\$12	
R#13	Saturday 10/10	<b>Partner WOD</b> Grab a partner & join us for the WOD (workout of the day). Bring your own water bottle & wear sneakers, snack provided	3PM	4PM		
R#14	Sunday 10/11	<b>Hike at East Rock</b> Go for a morning hike with your friends at one of New Haven's great hiking spots. Bring a water bottle, snack provided	10AM	12PM		This is an off campus activity, everyone MUST wear a mask. Eat lunch when you return
R#15	Sunday 10/11	<b>Mindfulness Journey</b> Join your friends for an afternoon mindful journey. Snack provided	3PM	4PM		
R#16	Monday 10/12	<b>MINDFUL Movements</b> Meditate & learn how to be mindful of when + how you move your body	7PM	8PM		

RS#17	Tuesday 10/13	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
R#18	Wednesday 10/14	<b>Wise Wednesday</b> Join your friends and learn everything about Fall traditions	7PM	8PM		
R#19	Thursday 10/15	<b>Charades</b> Join your friends for a fun game of charades. Snack provided	7PM	8PM		
RS#20	Friday 10/16	<b>Minute to Win It</b> Join your REACH + SAIL friends for a fun night of Minute to Win it games. Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask
	Saturday 10/17	<b>Non-Bowl-A-Thon Bowl-A-Thon</b> Join us for a day of fun activities on campus & trivia at night. See REC desk for more information				
R#21	Sunday 10/18	<b>Walk the Hamden Greenway Trail</b> Go for an afternoon walk on the Greenway trail in Hamden with your friends Snack provided	1PM	3PM		This is an off campus activity, everyone MUST wear a mask. Bring your own water bottle
R#22	Sunday 10/18	<b>Board Games</b> Join your friends for a fun evening of playing board games. Snack provided	7PM	8PM		
R#23	Monday 10/19	<b>Self-care Mindfulness</b> Join your friends to meditate & learn all about self-care. Snack provided	7PM	8PM		
RS#24	Tuesday 10/20	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask

R#25	Wednesday 10/21	<b>Wise Wednesday</b> Learn all about affirmations. What are they? When should we say them? Snack provided	7PM	8PM		
R#26	Thursday 10/22	<b>Would you rather?</b> Join your friends to play a fun game of would you rather! Snack provided	7PM	8PM		
RS#27	Friday 10/23	<b>Bingo</b> Join your REACH + SAIL friends for a fun game of bingo. Prizes rewarded, snack provided	7PM	8PM	\$10	Activity in Outreach, all clients MUST wear a mask
R#28	Saturday 10/24	<b>Pumpkin picking at Bishops Orchards</b> Go pumpkin picking with your friends. Snack provided	1PM	3PM	\$30	This is an off campus activity, everyone MUST wear a mask.
R#29	Saturday 10/24	<b>Pumpkin Painting</b> Join your friends in a fun evening of pumpkin painting. Snack provided	7PM	8PM		If you went pumpkin picking bring it with you to paint
R#30	Sunday 10/25	<b>Step Up Sunday</b> Get up & get moving. Wear your sneakers, bring a water bottle & enjoy a morning power walk with your friends. Snack provided	11AM	12PM		
R#31	Sunday 10/25	<b>Spooky Sunday</b> Join your friends to watch episodes of the 90's classic...Are you afraid of the Dark. Snack provided	7PM	9PM		
R#32	Monday 10/26	<b>Mindset MINDFULNESS</b> Join your friends to meditate & learn all about mindset. Do you have a fixed or growth mindset?	7PM	8PM		
RS#33	Tuesday 10/27	<b>Read Aloud</b> Listen to "The Fault in Our Stars". Snack provided	7PM	8PM		Activity in Outreach, all clients MUST wear a mask

R#34	Wednesday 10/28	<b>Wise Wednesday</b> Learn all about Halloween. Why do we celebrate this holiday? Snack provided	7PM	8PM		
R#35	Thursday 10/29	<b>Halloween Trivia</b> Join your friends for a fun game of Halloween trivia. Snack provided	7PM	8PM		
RS#36	Friday 10/30	<b>Halloween Dance</b> Join your REACH + SAIL friends for a Halloween Dance. Snack provided	7PM	9PM		Activity in Outreach, all clients MUST wear a mask. Please wear a costume
R#37	Saturday 10/31	<b>Arts &amp; Crafts</b> Create a fun halloween craft with your friends. Snack provided	1PM	3PM		
RS#38	Saturday 10/31	<b>Hocus Pocus Movie Night</b> Join your REACH + SAIL friends to watch the Halloween classic Hocus Pocus. Snack provided	7PM	9PM		Activity in Outreach, all clients MUST wear a mask



